

## GOOD TIMBER AND STRONG GROWTH RINGS

### “STEP INTO SPRING” CHALLENGE WINNERS

Congratulations to the winners of the “Step Into Spring” Challenge! The winner in each category had the highest daily average for all four weeks. All participants in the “Step Into Spring” challenge will receive 30 health promotion points for Quarter 2 – 2020. In addition, the winners will each receive \$100.

#### BEGINNER CATEGORY:

Pat Heun (Tracy Heun’s spouse)

#### INTERMEDIATE CATEGORY:

Richard Johnson (Terry Johnson’s spouse)

#### ADVANCED CATEGORY:

Diana DePriest (Mark DePriest’s spouse)

As we work diligently toward successful completion of several critical projects this summer, we continue to aggressively pursue new work with the aim of supporting the economy, our clients, and especially the health and well-being of our employees. I want to give you a summary of the new work Hogan won just in the last few weeks:

- Jordan Ridge Elementary School Addition
- Davis County Courthouse Renovation
- Granite School District Seismic Repairs - Cyprus High Group
- Historic First Security Bank Building Renovation
- Uintah Basin Medical Center MOB (we were the low bid and are currently providing preconstruction services to help get the project under budget)
- Teton-Jackson Recreation Center Addition
- Small projects for South Summit School District facilities
- Grand County EMS Building

These projects have just started or will be starting in the near future. And we are currently submitting proposals for several more significant school projects in multiple school districts.

In the last edition of this newsletter, I referenced the “storm” swirling around our society and the steady

course that Hogan is holding to be an active part of the solution. I recently came across a poem that resonated with me as we navigate the current storm around us. Right then, I knew I wanted to share it with all of you because it reminds me of the strong people that make Hogan what it is. It was written in 1922, as the world was grappling with the aftermath of World War I and the effects of a global recession. Its words are as true now as they were then. You’ve probably heard it before. This is the third stanza; a quick Google search will easily produce the other three stanzas, which are well worth taking the time to read, but too long to include here.

#### *Good Timber*

*By Douglas Malloch (1877-1938)*

*Good timber does not grow with ease,  
The stronger wind, the stronger trees,  
The further sky, the greater length,  
The more the storm, the more the strength.*

*By sun and cold, by rain and snow,  
In trees and men good timbers grow.*

Whether in the present storm of societal circumstances, or the storm of finishing a high quality project on time, or the storm of procuring new work, the words of this poem, written a hundred years ago, still ring true and apply to all of us. It is by working through the challenges that confront us, that we grow and become stronger. We gain experience and learn wisdom. I have complete confidence in the future because of the strong and innovative people that make up this company. **Thank you for being productive, working safe and working smart!**



# SAFETY SPEAKS

Many of you are probably not aware that we recently introduced a “Trade-In” program for the following equipment. One year after the initial purchase of fall protection equipment, the piece of equipment can be traded in to receive a 75% discount on the purchase price of a replacement item as long as the item shows normal wear and is traded in for the purchase of a new item. See the details of the program below. If employees have questions, they can contact Mike McCrary, Brett Horne or Jared Morgan.

## INITIAL PURCHASE

The employee will pay 50% and company will pay 50% on the initial purchase of qualifying fall protection equipment. The employee will not qualify for this discount on the purchase of an additional identical item within 1 year of the original purchase unless the item is damaged and traded in for the purchase of the new item.

## TRADE IN

One year after the initial purchase of fall protection equipment, the piece of equipment can be traded in to receive a 75% discount on the purchase price of a replacement item as long as the item shows normal wear and is traded in for the purchase of a new item.

## QUALIFYING FALL PROTECTION EQUIPMENT

The following equipment is eligible for the discounted purchase and trade in programs:

- Full Body Harnesses
- Lanyards

- Personal SLR’s
- Portable personal anchorage devices (beamers etc.)
- D-ring extensions
- Positioning devices (Wall Chains)
- And any other equipment which has been pre-approved by the Safety Manager.

## PAYMENT

Payment for qualifying fall protection equipment may be made by payroll deduction for a maximum of four weeks. Purchases of \$50 and under must be done in a single week deduction. If the purchase is through payroll deduction the terms are that the employee does authorize Hogan & Associates Construction, Inc. to deduct the amount from the employee’s paycheck for the prescribed period of time until the debt is satisfied. If employment is terminated before the full amount is repaid, the employee agrees to pay in full the remaining portion of the debt from their final paycheck. Items are sold "As Is". Hogan & Associates Construction, Inc. offers no warranty or exchanges on items purchased through the company.

## TREMENDOUS SOFTWARE

As many of you are aware, we give many incentives to our employees. It is a very labor intensive process to administer the following incentive programs. To simplify and streamline our processes, effective 7/1/2020, our employees can choose to get a pre-paid Visa card **OR** they can choose from the following gift cards. Eligible employees will receive an email from Tremendous.com and they can choose to get a gift card or a pre-paid Visa card. It’s as simple as that.

- New Hire Foreman Program
- Quarterly Level Up Program
- Seasoned Employee Annual Safety Awards (SEAS Awards)

## GIFT CARDS

The gift card options include:

- Adidas
- Amazon
- AMC
- American Eagle
- Applebee’s
- Athleta
- Gap
- Banana Republic
- Barnes & Noble
- Bath & Body
- Bed Bath & Beyond
- Best Buy
- Buffalo Wild Wings
- Burger King
- Burlington
- California Pizza Kitchen
- CB2
- Chili’s
- Chipotle
- Cold Stone
- Columbia
- Crate & Barrel
- Domino’s
- Ebay
- Foot Locker
- GameStop
- Google Play
- Hotels.com
- Hulu
- iHop
- iTunes
- Krispy Kreme
- Lowe’s
- Macy’s
- Morton’s
- Karma Koin
- Nordstrom
- Old Navy
- Olive Garden
- Outback
- Panera Bread
- Papa Jones
- Pottery Barn
- REI
- Sephora
- Southwest
- Staples
- Starbucks
- StubHub
- Target
- TGI Friday’s
- The Cheesecake Factory
- The Home Depot
- Uber
- Ulta
- Walmart
- Williams Sonoma
- Zappos





# RECENTLY WON PROJECTS



## JORDAN RIDGE ELEMENTARY SCHOOL REMODEL

As the low bidder for this \$2.6M project, Hogan's remodel will consist of an office relocation, new security doors, new ceiling grid and tile, a fire sprinkler upgrade, and a CO detection system throughout the building. We will also install a new interior and exterior LED lighting system, and perform several roof drain repairs. GSBS Architects is the designer, and the project will be completed by mid-August 2020.

We want to congratulate our estimating/bidding group for a job well done, and give our support to the construction team! We know you'll be great!

### TEAM LEADS



**DAVE REES**  
Project Manager



**GIL GRASER**  
Superintendent



## GRAND COUNTY EMERGENCY MEDICAL SERVICES BUILDING

Hogan was recently selected as the CM/GC for the \$3.8M, 14,342 SF EMS facility. The building will feature four bays for ambulances, multiple storage rooms, eight EMT sleeping rooms, an EMT Kitchen/Dining Area, decon/laundry room, six offices, two training rooms, a conference room, an "American Legion" room, and multiple support areas.

Jones & DeMille Engineering is the designer.

The project will start this Summer and will be completed in 2021.

### TEAM LEADS



**JD FORBUSH**  
Project Director



**DAVE REES**  
Project Manager



**BRETT DELGADO**  
Superintendent



## ALPINE SCHOOL DISTRICT WESTLAKE HIGH SCHOOL DRIVERS EDUCATION TOWER

As the CM/GC, Hogan is constructing a new Drivers Education Tower at Westlake High School in Alpine School District.

Curtis Miner Architecture is the designer and the project will be completed by the end of July 2020.

### TEAM LEADS



**JOHN COX**  
Project Manager



**KRIS LYMAN**  
Superintendent



## GRANITE SCHOOL DISTRICT REPAIRS TO 70 EARTHQUAKE DAMAGED SCHOOLS- GROUP 1

Granite School District selected Hogan as their CM/GC for Group 1 of Repairs to 70 Earthquake damaged schools. This group is the Cyprus High Network and includes Cyprus High School, Brockbank Jr. High, Elk Run Elementary School, and Pleasant Green Elementary School. The scope of the project includes repairing damage caused by the March 18, 5.7 magnitude earthquake.

PGA&W is the designer, and this is a Summer Blast project.

### TEAM LEADS



**EDDY HOGAN**  
Project Manager



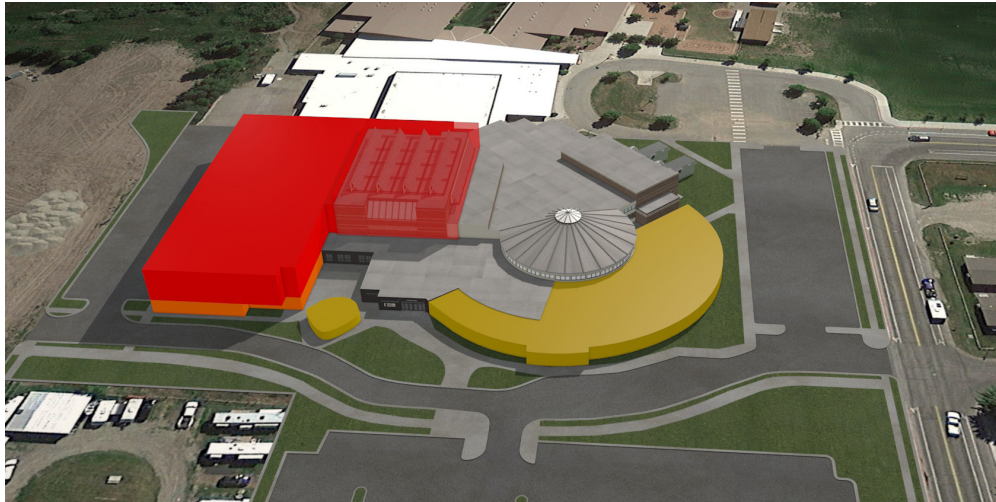
**MARC JOHNSON**  
Superintendent



**FLETCH ROBERTS**  
Project Engineer

## TETON COUNTY / JACKSON'S RECREATION CENTER EXPANSION

Hogan was recently awarded the \$19.6M, approximately 25,000 SF Teton County Recreation Center Expansion and will serve as CM/GC. The project consists of two major components: "dry" indoor additions and a "wet" outdoor addition. We will be adding on space for a new gym with a 200-yard elevated walking/running track (which extends into the existing gym), a climbing center, multi-purpose fitness studios, cardio studios, health consultation rooms, drop-in daycare, multi-purpose/birthday party room, regular classroom, study lounge, associated restrooms, dry locker rooms, storage, mechanical and new circulation areas.



The exterior recreation amenities include an outdoor zero-depth splash pad and patio, an outdoor bouldering area, and an outdoor playground. The project scope also includes modifications to the existing facility and site to include the extension of King Street from the south property line to north property line, a new parking lot, and a stormwater pipe and collection/treatment system.

We will be working with the design team of Perkins & Will (Denver) / Hoyt (Jackson) and Wember as the Owner's Representative.

The project will start construction next spring and will be completed in early 2022.

### TEAM LEADS



**ROB BIRCH**  
Project Manager



**DAN MERRILL**  
Superintendent



**FLETCH ROBERTS**  
Project Field Engineer



**TYLER HOFFMAN**  
Project Engineer



## DAVIS COUNTY MEMORIAL COURTHOUSE SEISMIC RETROFIT / RENOVATION & ADAPTIVE REUSE

Hogan, as CM/GC, was recently awarded the \$6.5M memorial courthouse seismic retrofit / renovation and adaptive reuse. The project will abate and demolish the two later additions, leaving the original 1932 building to be seismically retrofitted and the interior remodeled to make the building usable and open to the public—while keeping historical interior elements intact. The historic building will need a new mechanical system, restrooms, and an elevator. There will also be a new public outdoor plaza to the south built in the space where the two additions currently sit where five monuments will be relocated.

We will be working with the design team of CRSA on this project. The demolition will start in late summer, with construction to begin soon after. It will be completed in mid-2021.

### TEAM LEADS



**DAVE  
ANDERSEN**  
Project Director



**WADE  
CHILD**  
Project Engineer



**JARED  
BUCKLEY**  
Project Manager



**MAURICIA  
MORTENSEN**  
Project Assistant



**DAVE  
WILDE**  
Superintendent



## ROCK SPRINGS FIRST SECURITY BANK BUILDING RENOVATION AND REPURPOSING

Hogan will serve as CMAR for the \$3.6M project that will renovate and repurpose the deteriorating First Security Bank Building in Rock Springs, WY. The project has four goals:

- Goal 1: Infrastructure
- Goal 2: Secure Exterior Envelope
- Goal 3: Egress and Accessibility
- Goal 4: Security and Stabilization Complete

Once these goals have been accomplished, the building will be ready for future tenant improvements.

We will be working with the design team of Myers Anderson Architects on this project. The project will be completed by June 30, 2021.

### TEAM LEADS



**JARED  
BUCKLEY**  
Project Manager



**STEVE  
GARNER**  
Superintendent



**HAILEE  
HORNE**  
Project Engineer



**MAURICIA  
MORTENSEN**  
Project Assistant



# EMPLOYEE SPOTLIGHT



## TRENT SWEETEN

Trent is a “working Superintendent,” or one with his “tool belt on.” This is apparent in the photo to the right, at the Davis School District Syracuse Turf project. Although he could have had another employee do the work he’s performing in the photo, he put on his tool belt and went to work!

It’s very rare these days to find a Superintendent who’s willing to get out there and do the work themselves. **Trent’s work ethic is amazing!**

Trent’s project experience includes:

- Ben Lomond High School New Synthetic Football Field/Track/Stadium, Ogden, UT
- Ogden High School New Synthetic Football Field/Track/Stadium, Ogden, UT
- Clearfield High School New Synthetic Football Field & Track, Clearfield, UT
- Hogan & Associates Construction Bldg. Remodels, Centerville, UT
- Morgan High School Addition & Remodel, Morgan, UT
- Salt Lake International Airport Vehicle Shop Remodel, SLC, UT
- Tru by Hilton, SLC, UT
- Delta Airlines Training & Reservations Building Remodel, SLC, UT
- Foxboro Elementary School, North Salt Lake, UT

## SOCIAL MEDIA

We know almost all of our potential clients by name and handshake—because they are also our previous and current clients. So if we know our clients so well, and they know us in turn, why bother with social media? Two good reasons are:

**1. BRANDING** We want to reinforce what we hope is their good opinion of us. To that end, much of our social media content covers our community support: district and school events we sponsor and our charity events.

**2. RECRUITING** Most of the people looking for a career in construction are of the generations that frequent social media. When we post about an award, describe our apprenticeship program, or show how—in so many important ways—this is a satisfying place to work, we let these social media followers know they’d enjoy being a part of our great company.

Check us out (and be sure to “like” us)!



## CLIENT COMMENTS

“Dear Aaron and Cris, my name is Greg Wuthrich, Principal of Mountain High School. Thank you for the incredibly amazing building your company has constructed and the manner in which your people conducted themselves in the process. It has been a complete pleasure and awesome experience.”

**Greg Wuthrich, Principal**  
Mountain High School

“Without reservation, I would recommend Hogan Construction for any project. Every time, Hogan has been Bountiful City’s partner in the truest sense of the word, working toward each goal of the project. They attended community meetings, they have met with elected officials.

They expect the subcontractors to perform and they make it happen. They are fair. They know what it means to work within a budget. They will work with [the] architect when they can and stand up to them when they must to keep things headed in the right direction. They get it.”

**Lloyd Cheney, P.E., City Engineer /  
Public Works Director • Bountiful City**

“With the construction of the Bayview Animal Hospital project nearing completion, I wanted to take this opportunity to let you know what a pleasure it has been to work with you, Ryan and the rest of the team. With the time constraints associated with a project of this magnitude, you both have demonstrated a remarkable ability to stay organized and have been properly prepared for every scheduled inspection from start to finish. I appreciate Ryan’s positive attitude along with his sincere desire to complete a quality project. Thank you again for the opportunity to work with you both and I hope Layton City has the pleasure of working with Hogan and Associates on other projects in the future.”

**Paul Bauer**  
Building Official • Layton City


## WHATS NEW IN HOGAN UNIVERSITY?

Slowly but surely, all of our safety trainings are being added to Hogan University. In the next few months, you can expect to see additional trainings on Powered Industrial Trucks and Signaling & Rigging. The latest training that has been added is our “New Hire/Safety Orientation” for our new hires. Check it out by doing the following.

1. Go to [www.hoganconstruction.com](http://www.hoganconstruction.com)
2. On the right of the website, click on the “Employee Portal” and click on “Hogan University.”
3. Add your username and password. If you don’t know your username and password, contact Laurie Orchard.
4. On the right, click on “Safety Courses.”
5. Click on “New Hire/Safety Orientation” for new hires.

### SHORTCUT TO GET TO HOGAN UNIVERSITY

#### IPAD OR IPHONE

1. Launch Safari browser. (This does not work from the Chrome browser.)
2. Enter “[hoganuniversity.com](http://hoganuniversity.com)” into the URL field and tap “Go”, then log-in.
3. Tap the “Send-to” icon  along the bottom of the Safari window (or along top on an iPad) to open

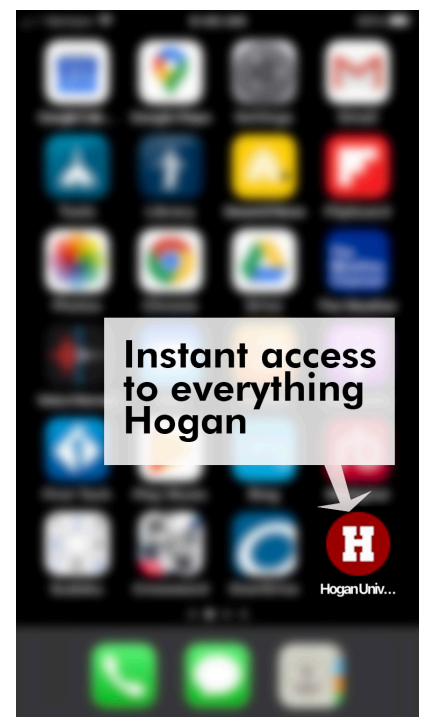
a drop-down (or pop-up) menu.

On the iPhone you will need to swipe up on the menu to expose the full list of options.

4. Tap “Add to Home Screen”

#### ANDROID

1. Launch Chrome browser.
2. Enter “[hoganuniversity.com](http://hoganuniversity.com)” into the URL field and tap “Go”.
3. Tap the menu icon (3 dots in upper right-hand corner) and tap “Add to homescreen”.





# SUMMER SWEAT-A-THON

Sync your wearable device to the Orriant app (Fitbit, Apple Watch, Google), and get outside of your comfort zone.

## HEALTH PROMOTION CREDIT & PRIZES

Orriant participants who display commitment and tracking each week will receive 30 health promotion points toward their Quarter 3 requirement.

Prizes will be awarded to the Top 3 participants with the highest Active minutes average for the three weeks. The first place winner will receive \$100, and second and third place winners will receive \$50 each.

**JULY 19–AUGUST 8, 2020**  
(SIGN UP BEGAN 6/2/20 AND GOES THROUGH 7/18/20)

The goal of this challenge is to accumulate active minutes. Active minutes are defined as high moderate-to-intense physical activity for 10 continuous minutes by your wearable device. Push beyond a brisk walk!

How to participate:

1. Download the Orriant App on your mobile device.
2. 'Connect Device' to the Orriant App

3. Click **COMPETITIONS** on menu.
4. Use black drop-down to select "Sign up to track\_\_\_\_\_ (Fitbit or Apple)."
5. Click the **SIGN ME UP** button next to the "Summer Sweat-a-thon" Competition.
6. When the competition begins on July 19, scroll down to the section titled **GOAL TRACKING**.
7. Make sure your active minutes are being successfully pulled into the goal. (Apple users: Click **SYNC NOW** on the bottom of the Orriant app screen regularly to sync)

# 2020 BEST OF STATE



For the third year in a row, Hogan was selected for a Best of State award within the category of **Community Development – Private Sector: Project Development!**

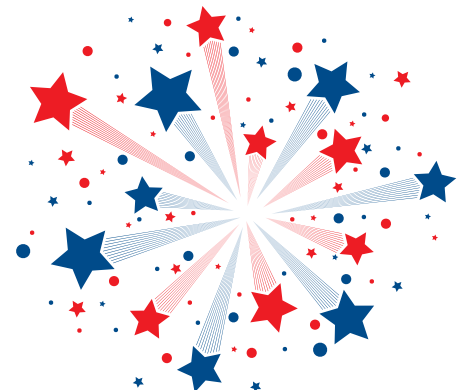
The Best of State Awards recognize outstanding individuals, organizations, and businesses in Utah. The award is granted based on those who:

- **Excel in their endeavors**
- **Innovate**
- **Contribute to a better quality of life in Utah**

# JULY 4<sup>TH</sup> OBSERVANCE

In observance of July 4th, Hogan will be closed on Friday, July 3rd. Office workers and field workers will have the day off.

**ENJOY THE HOLIDAY!**







# 2020 HEALTH ASSESSMENTS

## THE HEALTH ASSESSMENTS FOR 2020 HAVE BEEN RE-SCHEDULED!

Sign-ups for the health assessments begin 7/1/2020. You will not need to fast; Orriant will adjust the test if you're not fasting. The assessment will be available at the following locations:

**Monday, 8/3/2020** – Centerville office from 12-6 pm (940 North 1250 West, Centerville, Utah)

**Tuesday, 8/4/2020** - Centerville office from 12-6 pm (940 North 1250 West, Centerville, Utah)

**Wednesday, 8/5/2020** - Centerville office from 12-6 pm (940 North 1250 West, Centerville, Utah)

**Thursday, 8/6/2020** – Orriant’s office from 12-6 pm (9980 South 300 West, Suite 100, Sandy, Utah)

**Friday, 8/7/2020** - Orriant’s office from 12-6 pm (9980 South 300 West, Suite 100, Sandy, Utah)

**Monday, 8/10/2020** – Syracuse Community Center from 12-4:30 pm (1979 West 1900 South, Syracuse, Utah)

**Tuesday, 8/11/2020** – DBI’s Clearfield office from 12-6 pm (938 University Park Boulevard, Suite 200, Clearfield, Utah)

To sign up for these locations, do the following:

- Go to [www.orriant.com](http://www.orriant.com)
- Add your username and password at the top of the page, then click “login”
- In your wellness dashboard, click on “assessment” and schedule the health assessment that works best for you and your spouse

As many of you know, based on the results of your health assessment, you either meet the standard to the right or you do not. If you do not meet the standard, you are assigned a coach.

HOGAN HEALTH STANDARD		
CATEGORY	STANDARD	
Tobacco	No use	
Cholesterol Ratio	< 6:1	
Blood Glucose	< 140 mg/Dl	
Blood Pressure		
Systolic	< 132	
Diastolic	< 84	
BMI	< 27.5	
or Body Fat Percentage	Male	Female
Age 17-39	< 21%	< 29%
Age 40-55	< 24%	< 31%
Age 56+	< 26%	< 32%

## INDEPENDENT HEALTH ASSESSMENTS

**If you cannot make one of the scheduled Orriant health assessments because you are working out of town or do not feel comfortable attending an “in-person” health assessment, you may either:**

1. Use Labcorp, following the instructions on their form (**pages 11–12**)

### OR

2. Complete a health assessment by visiting a certified health professional, and completing an “Independent Assessment Form” (**pages 13–14**)

If you select option two (health professional), do the following:

1. Go to [www.aetna.com](http://www.aetna.com) to find a contracting Primary Care Physician (PCP).
2. Click “Login” at the top-right, then click “Login” (again) or if you don’t have an account, “First-time users.”
3. Click “Find Care & Pricing” at the top, then on “Primary Care Physicians.”
4. At this point, you will be able to see all the PCP’s contracting with Aetna near the designated city at the top of the list. (Change the city if needed.)
5. Make an appointment with a PCP, take the attached “Independent Health Assessment” form with you, and have the doctor complete it. You should only be responsible for a \$15 co-pay. Pay for the visit and give the receipt to Jared Morgan or Laurie Orchard to be reimbursed for the visit.
6. Once finished, mail or fax the completed form to Orriant:

Orriant, 9980 South 300 West,  
Suite 100  
Sandy, Utah 84070  
Email: [info@orriant.com](mailto:info@orriant.com)  
Fax: 801-574-2340



# 2020 HEALTH ASSESSMENTS CONTINUED

## HEALTH ASSESSMENT SAFETY PROTOCOLS

Orriant is committed to providing a safe and clean screening experience for all their clients and participants. Orriant is taking extra steps to ensure that the highest level of risk reduction is maintained both in their main offices as well as at their mobile screening events. In order to prevent infection, the following safety protocols will be established at the health assessments.

- All personnel will be required to bring clean scrubs to the worksite and change out of their street clothes upon arriving to the client worksite
- All personnel will be asked the symptom check questions and have their temperature taken prior to starting work
- All personnel will be required to wash hands upon arriving to the client worksite
- **All participants are required to wear a face mask at all times during the screening**

- All participants will be asked to wash hands prior to coming to the screening
- Stations will be spread out at minimum of 6 feet apart; More distance if the room allows
- Testing stations will no longer have tablecloths so that the workspace can be sanitized
- All Orriant personnel will be required to wear PPE including face mask, face shield and gloves at all times. Gloves will be switched out between each participant
- The following will be sanitized after each participant:
  - CardioChek machine
  - Blood pressure cuff
  - Stethoscope
  - Chair
  - Table
  - Tobacco placard
  - Any other area that the technician noticed was touched by the participant
- One-time use mat will be used for the fingerstick
- Personnel will use hand sanitizer in between each participant
- Hand sanitizer and tissues will be provided for participants at all stations (check-in, testing, and check-out consultations)
- Only one person will be permitted at a time to the testing station. We no longer will allow spouses to be tested together.
- It is strongly encouraged that no children be permitted to the event.
- Signs that will be provided by Orriant
  - Social distancing expected
  - Face masks worn by all participants expected
  - 6-foot distance markers
  - Symptom check
- All pens will be sanitized after each use
- If conducting in person consultations at separate stations, entire work area will be sanitized in between each participant.
- Gloves to be worn by staff when taking down/cleaning the event
- Upon departure, all work areas will again be sanitized
- All gear will be sanitized when it returns to the Orriant office

## EMPLOYEE EVALUATIONS 2020



One thing that we hear over and over from our employees is that they want feedback on their job performance. That said, starting now, on an annual basis our employees are going to be evaluated by their supervisor. The goal with employee evaluations is to give

our employees feedback on the following criteria:

- Quality of work
- Attendance & Punctuality
- Resourcefulness
- Cooperation, Teamwork & Attitude

- Productivity
- Safety
- Tools

We review employee compensation on a regular basis. In considering a raise for an employee, these annual employee evaluations are used to determine if a raise is warranted.

We are rolling out the employee evaluations slowly. Hopefully, over the next little while, ALL of our employees will have had the opportunity to be evaluated by their supervisor.

To enroll in your company's wellness program, please complete the three steps below.

All steps must be completed by **AUGUST 31, 2020** or you may become ineligible for the wellness incentive.

## STEP 1 COMPLETE A HEALTH ASSESSMENT

Have a verifiable health professional complete page 2 of this form. All information is required to enroll for the wellness incentive. Keep page 1 for program info.

Assessment results must be dated between:  
**JANUARY 1, 2020 - AUGUST 24, 2020**

Forms must be received by, and will not be accepted after:  
**AUGUST 24, 2020**

Please mail or fax completed form (page 2 only) to:

- ✉ Orriant, 9980 S 300 W, Suite 100  
Sandy, UT 84070
- ✉ Email: info@orriant.com
- ✉ Fax: (801) 574-2340

## STEP 2 CONTACT ORRIANT

Contact the Orriant Support Team at (888) 346-0990 to confirm your form was received.

*You will be provided information regarding program requirements to maintain your incentive (see section to right), as well as your username and password. These requirements will be determined by your results.*

Username: \_\_\_\_\_

Password: \_\_\_\_\_

Have questions?



WEBSITE MyOrriant.com	ADDRESS Orriant 9980 S 300 W, Ste. 100 Sandy, UT 84070
EMAIL info@orriant.com	
PHONE 888-346-0990	HOURS (MOUNTAIN TIME) Mon-Thu, 6 am - 7 pm Fri, 6 am - 5:30 pm
FAX 801-574-2340	

## STEP 3 MAINTAIN YOUR INCENTIVE



ORRIANT SNAPSHOT™

1. Log in to [www.MyOrriant.com](http://www.MyOrriant.com) & click Snapshot.
2. Follow prompts, then click FINISH when done.

### COMPLETE ORRIANT SNAPSHOT™ BY 8/31/2020



YOUR COACH:

888-346-0990 ext.  
You are responsible for contacting your coach.

HEALTH PLAN: 1st coach contact, due **8/31/2020**

Date: \_\_\_\_\_ Time: \_\_\_\_\_ AM PT MT  
PM CT ET

CONTINUED CONTACT:

Continue calling as scheduled with your current coach.

- Develop a personalized compliance plan with coach, in which the participant will complete to maintain compliance.



HEALTH PROMOTION ACTIVITY:

You are responsible for completing wellness-related activities in the quarters listed below:

- Q1: January 1 - March 31
- Q2: April 1 - June 30
- Q3: July 1 - September 30
- Q4: October 1 - December 31

Orriant Snapshot ALL your health promotion points in the checked quarter.



**COMPLETE 30 POINTS OF ELIGIBLE ACTIVITY** every quarter to maintain your incentive

Log in to [www.MyOrriant.com](http://www.MyOrriant.com), then click Health Promotion to see eligible activities.

# orriant Independent Health Assessment Form



## PARTICIPANT INFORMATION

This section to be completed by the wellness participant/patient. Please print clearly.

I am the  EMPLOYEE  SPOUSE OF EMPLOYEE (check one)

Your Name: \_\_\_\_\_

Spouse Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender: F M (circle one)

Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

HOME WORK CELL (circle one)



REMEMBER TO DRINK  
PLENTY OF WATER

**Fasting is  
NOT required for  
your assessment**



**All assessment results must be dated  
between Jan 1, 2020 - Aug. 24, 2020**

RESULTS BEFORE OR AFTER THESE DATES WILL NOT BE ACCEPTED

## ASSESSMENT RESULTS

This section for health professional use only.

Screen Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Tobacco Use: (circle one) Y N

Has patient used tobacco in any form, within the last 90 days?

Is patient pregnant? Y N

Is patient fasting? Y N

Total Cholesterol: \_\_\_\_\_ mg/dL

HDL: \_\_\_\_\_ mg/dL

LDL: \_\_\_\_\_ mg/dL

Triglycerides: \_\_\_\_\_ mg/dL

Cholesterol Ratio: \_\_\_\_\_

Blood Glucose: \_\_\_\_\_ mg/dL

Blood Pressure: \_\_\_\_/\_\_\_\_ mmHg

Height: \_\_\_\_\_ in.

Weight: \_\_\_\_\_ lbs.

Body Mass Index: \_\_\_\_\_

Body Fat %: \_\_\_\_\_ %

All information must be filled in before submitting to Orriant. Incomplete forms will not be accepted. Please mail or fax completed form to:

✉ Orriant, 9980 S 300 W, Ste. 100, Sandy, UT 84070

✉ Email: info@orriant.com

☎ Fax: (801) 574-2340

## HEALTH PROFESSIONAL INFORMATION

This section for health professional use only.

Print Name: \_\_\_\_\_

Sign: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Facility Name: \_\_\_\_\_

Facility City, State: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_



This section to be completed by Orriant upon receipt of assessment results.

	Health Standard Values	"At risk" compared to standard?		
		Yes	No	
Tobacco	None	<input type="radio"/>	<input type="radio"/>	Biometric scores must be below the Health Standard. Those with scores exactly on or above will engage in health coaching.
Chol Ratio	<6:1	<input type="radio"/>	<input type="radio"/>	
Glucose	<140	<input type="radio"/>	<input type="radio"/>	
BP Systolic	<132	<input type="radio"/>	<input type="radio"/>	
BP Diastolic	<84	<input type="radio"/>	<input type="radio"/>	BMI or body fat % must meet the Health Standard to be considered not "at risk"
Body Comp		<input type="radio"/>	<input type="radio"/>	
BMI	<27.5	<input type="radio"/>	<input type="radio"/>	
or				
Body Fat %		<input type="radio"/>	<input type="radio"/>	
Male	<22			
Female	<29			

Participant status

GW1  GW2



# LABCORP: Steps

1

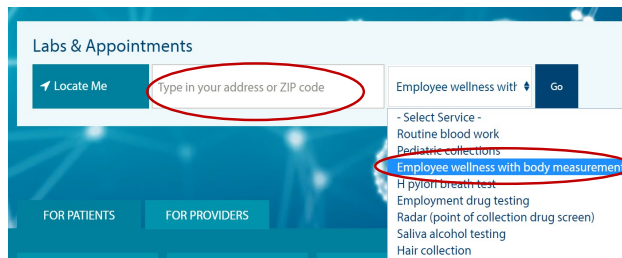
Go to [www.labcorp.com](http://www.labcorp.com)

2

On the main landing page, "Labs & Appointments", enter your address or zip code and select "Employee Wellness with Body Measurement".



IMPORTANT: You must select lab type: "Employee Wellness"

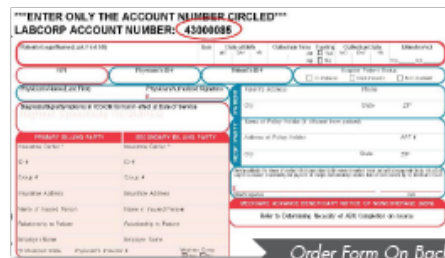


3

Select your desired location. On the next page you can either schedule online or call the location to schedule an appointment. For employee wellness screenings, it is recommended that you schedule an appointment. If you are scheduling online, follow the prompts to finalize your appointment.

4

Fill out the attached LabCorp order form. **You do not need to fill in your insurance information as this test will be billed to Orriant.** Find the doctor that has your state listed and circle. (For example, if you live in Texas you would circle)



Order Form On Back

5

Take your LabCorp order form to your appointment. All results will be sent directly to Orriant within 3-5 business days. Orriant will be reaching out to you to review your program requirements.



6

If you have not heard from Orriant within 7 days, please reach out to confirm that Orriant has received your results. Please also make sure that your contact information is up to date in your Orriant account.



Hogan Construction/Orriant  
 LABCORP WELLNESS VERIFIED  
 9980 South 300 West, Suite 100  
 SANDY UT 84070-  
 (888) 346-0990

To find the nearest patient service center, visit [www.labcorp.com](http://www.labcorp.com) or call 888-LABCORP (888-522-2677).

Fax      Send additional copy of report to:  
 Call      Client Number/Physician's Name      Phone/Fax Number  
 Mail      Physician's Address      City, State, Zip

0703.21

CHECK ONE:  
 03  ACCOUNT BILL

\*\*\*ENTER ONLY THE ACCOUNT NUMBER CIRCLED\*\*\*  
 LABCORP ACCOUNT NUMBER: **43000195**

CIRCLE ONE:  
 1205829355-CAHILL,  
 JOHN DONALD (MA,  
 NY, RI)

1023087293-  
 SIMMONS, WALTER  
 NEIL (AZ, CA, IN, NV,  
 NM, PA, TN, TX, UT)

1760433098-HAYES,  
 WILLIAM BRENDAN  
 (ALL OTHER STATES)

1043506892-KROUSE,  
 CATHERINE (ME)

Patient's Legal Name (Last, First, MI)		Sex	Date of Birth			Collection Time	Fasting	Collection Date			Urine hrs/vol
NPI		Physician's ID #	Patient's ID #			Hospital Patient Status:					
Physician's Name (Last, First)		Physician/Authorized Signature		Patient's Address		Phone					
Diagnosis/Signs/Symptoms in ICD-CM format in effect at Date of Service		Highest Specificity REQUIRED		City		State		ZIP			
PRIMARY BILLING PARTY		SECONDARY BILLING PARTY		Name of Policy Holder (if different from patient)		Address of Policy Holder		APT #			
Insurance Carrier *		Insurance Carrier *		City		State		ZIP			
ID #		ID #		City		State		ZIP			
Group #		Group #		City		State		ZIP			
Insurance Address		Insurance Address		City		State		ZIP			
Name of Insured Person		Name of Insured Person		City		State		ZIP			
Relationship to Patient		Relationship to Patient		City		State		ZIP			
Employer Name		Employer Name		City		State		ZIP			
*If Medicaid State		Physician's Provider #		City		State		ZIP			
				Workers Comp		Yes No					

I hereby authorize the release of medical information related to the service described herein and authorize payment directly to LabCorp. I agree to assume responsibility for payment of charges for laboratory services that are not covered by my healthcare insurer.

**MEDICARE ADVANCE BENEFICIARY NOTICE OF NONCOVERAGE (ABN)**  
 Refer to Determining Necessity of ABN Completion on reverse.

PLEASE PRINT

PLEASE PRINT

ORIGINAL-LABORATORY / COPY-LABORATORY / COPY-CLIENT

377434 LP+Glu+Hb A1c

101300 Biometrics

NOTE: WHEN ORDERING TESTS FOR WHICH MEDICARE OR MEDICAID REIMBURSEMENT WILL BE SOUGHT, PHYSICIANS SHOULD ONLY ORDER TESTS THAT ARE MEDICALLY NECESSARY FOR THE DIAGNOSIS OR TREATMENT OF THE PATIENT. LISTED ABOVE ARE THE CUSTOMIZED PROFILES YOU HAVE SPECIFICALLY REQUESTED FROM LABCORP. THE INDIVIDUAL COMPONENTS HAVE BEEN DISCLOSED TO YOU AND THEY MAY ALSO BE ORDERED INDIVIDUALLY IN THE SPACE ABOVE. COMPONENTS AND BILLING CODES FOR NON CUSTOMIZED TEST PROFILES ARE LISTED ON REVERSE. COMPONENTS MAY BE BILLED SEPARATELY IN ACCORDANCE WITH CARRIER POLICIES.