

# HOGAN NEWSLETTER

CONSTRUCTION MANAGER | GENERAL CONTRACTOR

WINTER 2022

## Good Burgers & Good Judgment

### Highlights

- **Pgs. 2-3** – Four project openings!
- **Pg. 5** – Recently won projects
- **Pg. 6** – Congratulations graduates!
- **Pg. 7** – Employee Recognition
- **Pgs. 8-9** – Meet Hogan's Civil / Sitework Division
- **Pg. 10** – Kudos Recognition
- **Pg. 13** – Health Assessments

### Social Media

Check us out and “like us”!



When I was studying civil engineering at the University of Utah, I would occasionally stop to eat at Hires Big H just below campus on 400 South. (If you haven't ever been there, their burgers are superb! I highly recommend the "Canadian H".) Not long ago, I went there again and saw they had expanded and remodeled the old building. As part of the remodel, they created a display with a number of quotes from Don Hale, the founder of Hires Big H. There were several that I want to share with you:

- *"Constant learning narrows the gap between who you are and who you can become."*
- *"Believing in and thinking about what you set out to accomplish creates the energy and power to bring it about."*
- *"Self-esteem is a product of working hard and doing what is right."*
- *"Good judgment comes from experience, and experience comes from bad judgment."*

I will address other of these quotes in a future newsletter, but I want to share some thoughts about the first and last points because they are related to each other. Read them again. None of us have yet reached our true potential (and we never will in this life). In other words, there is always room for improvement and growth. Therefore, **it is vital that all of us continue to learn and develop our skills.**

As an example, I was pleased to attend the graduation ceremony earlier this month for our three newest journeyman carpenters. Kudos to Diego Ortiz, Justin Walters and Ty Stark. This is a great accomplishment and represents a lot of hard work and dedication. Likewise, we all can be pursuing personal growth and development, but it's not easy to step out of our comfort zone to learn and try new things. All too often we are afraid of failing or of making mistakes, so we stay where we are comfortable.

And that brings me to the last bullet point in the list above. Read it again. Don't be afraid to make mistakes. Ask lots of questions, believe in and **think about what you are doing** (see the second point above) and do your very best. When you make a mistake, take responsibility for it, learn from it and move on. I call it paying tuition in the school of hard knocks! We all make mistakes. That's how we gain experience and grow. So don't be afraid to take the next step (and let your supervisor know you want to learn).

Then... Ask lots more questions and continue to do your very best. When you make another mistake, take responsibility for it, learn from it and move on. You just took another class and made another tuition payment in the school of hard knocks. *And your value to the company has increased in the process!* Now, if you oversee someone's work, and they make an honest mistake, hold them accountable, yes, but don't berate them. Instead exercise a little patience and leadership and help them learn and grow from the experience. After all, we already paid the tuition, so let's get the degree!

I am grateful for each one of you and for your hard work and loyalty to this company. I am proud of what we accomplish together and of the difference this company makes in our local communities. As always, **thank you for being productive, working safe and working smart!** And please remember *"We're here to help!"*

*And in this special season of the year, please take a moment to give your loved ones a sincere hug and tell them you love them.*

## RIBBON cuttings



**PERUVIAN PARK ELEMENTARY SCHOOL**  
Ribbon Cutting | November 16, 2022



**AMERICAN HERITAGE SLC CAMPUS**  
Dedication | November 18, 2022





**LAYTON FIRE STATION**  
Uncoupling | November 22, 2022



**MOUNTAIN AMERICA CENTER**  
Ribbon Cutting | November 28, 2022



# SAFETY speaks

## 2023 ONLINE SAFETY COURSES

**ONCE AGAIN IN 2023** our field employees will be taking all of the online safety courses that pertain to their job classification. What! Again? — Yep, again. Not only is it an OSHA requirement that we retrain each year on many of the course topics, we know that the safety training actually works. We've seen a wonderful drop in accidents of all kinds since starting Hogan University training. We encourage you to do the training. In addition to the online safety courses, our field employees will also be doing the Safety Handbook readings.

For those of you that need a refresher about the details of Hogan's Quarterly Safety Incentive, below are the details.

If a field employee completes each quarter's Safety Handbook reading assignments and associated quizzes PLUS the required training coursework for that quarter (per his or her job classification) by the last day of each quarter, they will be awarded the following.

Q1 – Due by March 31 - \$100.00

Q2 – Due by June 30 - \$100.00

Q3 – Due by September 30 - \$100.00

Q4 – Due by December 31 - \$100.00

In addition to the \$100.00 award, at our discretion, we may offer a gift to field employees who successfully finish the Safety Handbook reading and quiz assignments, as well as the required training coursework for that quarter. Gifts range from cash to clothing to company store credits.

To participate in the Quarterly Safety Incentives, do the following.

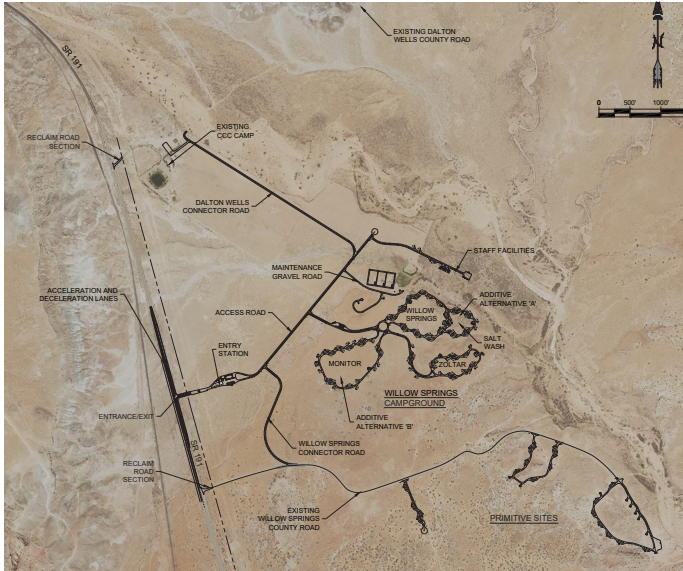
1. Go to [www.hoganconstruction.com](http://www.hoganconstruction.com).
2. On the right under "Employee Portal," click on "Hogan University."
3. On the right, click on "Safety Courses."
4. At this point, you will see, "Your training courses for your job classification (Laborers or Carpenters or Steel Erectors, or Steel Fabricators, etc.)"
5. Click on your job classification.
6. Click on "Quarter One," and then you will see what safety courses and readings are required for that quarter.

**Note: will be shutting down Hogan University from Monday, January 2, 2023 for maintenance, and we hope to have it up and running again by Wednesday, January 4, 2023.**





# RECENTLY WON projects



## State of Utah

### UTAHRAPTOR STATE PARK

DFCM selected Hogan to construct a new \$17.6M state park that attracts visitors and tourists from around the state and world.

The project is located in the Dalton Wells/Willow Springs area north of the Moab area along US191. The park will feature primitive and developed campsites, restrooms, wash stations, showers, and pavilions. We're working with Johansen & Tuttle Engineering and GSBS Architects.

**Anticipated completion:** December 2023

### Project Team

**CRIS HOGAN**  
*Project Executive*

**SCOTT CHRISTIANSEN**  
*Project Manager*

**GAYLEN FAWSON**  
*Superintendent*

**HAILEE HORNE**  
*Project Engineer*

**TBD**  
*Project Assistant*

**ROSS COX**  
*Lead Estimator*



## Complete Natural Products

### NEW OFFICE & WAREHOUSE BUILDING

Complete Natural Products recently selected Hogan to construct their new office and warehouse in Farmington.

The building will be constructed using CMU and concrete.

We're working with Carpenter Stringham Architects, and the estimated project cost is \$6 million.

**Anticipated completion:** February 2024

### Project Team

**EDDY HOGAN**  
*Project Manager*

**TBD**  
*Superintendent*

**NIKKI HALES**  
*Project Assistant*

**BRIAN RICHARDS**  
*Lead Estimator*

2022

# graduation banquet

**Congratulations to our employees who graduated the apprenticeship program in 2022.**

The graduation banquet was held at the Tuscany Restaurant on December 14th and our employees were presented with their certificates from the Department of Labor and the Associated General Contractors.

If you are interested in joining Hogan's apprenticeship program (Builder's program OR Operator's program), contact HR.



**Left to right:** Cris Hogan, Diego Ortiz, Justin Walters, Ty Stark, John Routson



\$50

## Rx voucher

Please be aware that there is a prescription deductible that renews each calendar year on January 1. Hogan employees are responsible for a \$50 Rx deductible up to three people in a family. That said, Hogan & Associates Construction employees who are enrolled in the Health Insurance Program offered by the company can get reimbursed up to \$50 per family per year toward amounts that you have paid toward your prescription drug deductible.

**To receive reimbursement, verify your expenses by saving your receipts and submit them together with the attached Rx voucher (at the end of this newsletter) to:**

**By mail:** Hogan & Associates Construction  
Human Resources Department  
940 North 1250 West  
Centerville, Utah 84014  
Attn: Laurie Orchard

**By email:** [lorchard@hoganconstruction.com](mailto:lorchard@hoganconstruction.com)  
(be certain to attach scanned or photocopied receipts)

2023

# employee recognition

At Hogan, we recognize our primary asset is our employees. We value our employees. Hogan is committed to the success of its employees, a commitment that has been demonstrated over the years. One way we say thanks to our employees is through our Employee Recognition program.

The awards below are based on an employee's tenure with Hogan & Associates Construction. Congratulations to the following employees who will reach an important employment milestone in 2023!

TENURE AMOUNT AWARD		
TENURE	AMOUNT	AWARD
5 years	\$ 500	} Gift card or cash (Tremendous.com)
10 years	\$ 1,000	
15 years	\$ 1,500	
20 years	\$ 2,500	Travel credit OR Gift card or cash (Tremendous.com)  In addition, at their 20-year anniversary with Hogan, employees start receiving one extra week of paid vacation. This one-week bump continues while they are employed at Hogan (but further anniversaries do not add additional vacation).*
25 years	\$ 3,000	} Travel credit OR Gift card or cash (Tremendous.com)
30 years	\$ 3,500	
35 years	\$ 4,000	
40 years	\$ 4,500	
45 years	\$ 5,000	
50 years	\$ 5,500	

\*These award amounts, and the one-week bump in paid vacation starting in year 20, became effective January 1, 2022, and are not retroactive.

## 50 YEARS

DENNIS **FORBUSH**

## 30 YEARS

ALBERTO **FLORES**

## 25 YEARS

DWIGHT **PACKARD**

## 20 YEARS

FLETCHER **ROBERTS**

DEVIN **BOYCE**

TRAVIS **BARNES**

WILFRED **NEZ**

CHAD **CLOWARD**

EDDY **HOGAN**

## 15 YEARS

PAUL **STODDARD**

EDUARDO **JIMENEZ**

JARED **BUCKLEY**

ROB **BIRCH**

BRET **JOHNSON**

DAVE **WILDE**

## 10 YEARS

JASON **BONE**

HAILEE **HORNE**

CARLOS **CABALLERO**

WADE **CHILD**

JARAMIE **RYDSTROM**

ROSS **COX**

## 5 YEARS

JOSE **RIOS**

NATHAN **ROPER**

JEFF **WILSON**

RAUL **MARROQUIN**

DIEGO **ORTIZ**

JUSTIN **WALTERS**

AUSTIN **SHARPE**

JENNIFER **WILHELM**

TEAG **THOMAS**

BEN **DEAN**

HEIDI **MEASE**



MEET THE LEADERSHIP OF HOGAN'S  
**civil/site work division**



**Left to right (top row):** Jason Robertson, Everardo Hernandez (“Lalo”), Rob Thomas, Nash Golon, Mike Johnson, Brett Davis, Dario Zavala; **Left to right (bottom row):** Hans Granados, Filimone Fatongia (“Mone”) **Not pictured:** Jason Bone

Name	Responsibility
Jason Bone	Team Leader – Site Utilities
Brett Davis	Driver
Filimone Fatongia	Team Leader – Building Excavation
Nash Golon	Team Manager – Civil Division
Hans Granados	Team Leader – Building Flatwork
Everardo Hernandez	Team Leader – Site Utilities
Mike Johnson	Team Leader – Survey
Jason Robertson	Team Leader – Building Excavation
Rob Thomas	Team Leader – Building Concrete
Dario Zavala	Team Leader – Building Concrete



# HOGAN'S CIVIL / SITE WORK DIVISION'S **responsibilities**

**Hogan's Civil Division comprises four groups: Earthwork, Concrete, Trucking, and Surveying.**

## **EARTHWORK**

The earthwork group has equipment ranging from a dozer to skid steers. This unit's most common sequence of work is to be the first team on site to clear and grub, build the pad, and bring the utilities into the property. They then proceed with the continuation of utility piping, structural excavation, concrete prep for building and site work, and the final rough grading of the site.

## **CONCRETE**

The concrete group is separated into structural concrete and flat work teams. The structural concrete teams are responsible for all footing, foundation, and site architectural walls, and the flat work teams are responsible for building slabs on grade and deck. They also handle all site work concrete, including hand-setting curb and gutter, forming and pouring sidewalks, and other miscellaneous site concrete work.

## **TRUCKING**

The Civil Division's trucking group consists of drivers responsible for importing and exporting material to the site and transporting large-scale equipment in a safe manner and in compliance with the state and local regulations. The trucking group's work is critical to helping the on-site teams be efficient and cost-effective.

## **SURVEYING**

Finally, the latest addition to the Civil Division is our in-house survey team. The survey team creates a 3D model from the survey and design that is then uploaded into the heavy equipment to help with the excavation and grading. The team assists work with the project team and licensed surveyor to establish and maintain horizontal and vertical control on the site, layout and staking as well as verification of in-place elements and improvements. The team also has the capability to do topographical aerial surveys to determine quantities of in place material and potential cuts and fills.

The Civil Division's management team meets weekly to discuss our current and future work, workforce, and short and long-term scheduling. The Civil Divisions goal is to ensure the civil scope of work is completed on time, on budget, and with effective coordination with Hogan's project supervision team.



*Kudos!*

## Thanks for going above and beyond!

Present this card at the Centerville office (940 North 1250 West) to receive a \$25 cash award.

AWARDED TO \_\_\_\_\_

REASON FOR AWARD \_\_\_\_\_

AWARDED BY \_\_\_\_\_



## KUDOS recognition

There is something inside each and every one of us that wants to be recognized for what we do. Employees recognized for what they do often report feeling happier overall about their work. Recognition is vital to today's workforce. At Hogan & Associates Construction, we promote positive reinforcement.

There are many ways we recognize our employees for what they do but one way that we recognize our employees is by giving them a "kudos" award. Supervisors at all levels can give their employees a \$25 cash award for an exceptional or innovative idea, for productivity, for safety, attendance, taking pride in their work, or going above and beyond.

Employees who are given the "kudos" award above can present the card to Laurie Orchard at the Centerville office to receive the \$25 cash award.

In addition to the \$25 cash, for our field employees, they will be given a sticker like the ones below, which we encourage them to put on their Hogan hard hat.



2023 401 (k)

## contribution limits

**For 2023, 401(k) contribution limit rises to \$22,500 with \$7,500 “catch up.”**

Employee 401(k) contributions for 2023 will top off at \$22,500—a \$2,000 increase from the \$20,500 cap for 2022—the IRS announced today. Plan participants age 50 or older next year can contribute an additional \$7,500, up \$1,000 from 2022.

**If you want to adjust how much you are contributing to your 401(k) plan for 2023, do the following around the middle to end of December 2022.**

1. Go to [www.netbenefits.com](http://www.netbenefits.com).
2. Add your username and password. If you haven't registered, click on “Register as a new user.”
3. Click on “View Summary” in the middle of the page.
4. Click on “Contributions.”
5. Click on “Contribution Amount.”
6. At this point, you can make adjustments to how much you are contributing to your 401(k) plan. Once done with the changes, click on “Change Contribution Amount” at the bottom

If you have any questions, please let me know. Thanks!

2023 PAID

## holidays



Holiday pay is a discretionary benefit granted by Hogan to full-time (on average 30 plus hours per week) exempt and non-exempt employees.

Hogan & Associates Construction will observe the following holidays in 2023:

- **New Year's Day**  
Observed on Monday, Jan. 2  
*New Year's Day falls on Sunday*
- **Memorial Day**  
Monday, May 29
- **Independence Day**  
Tuesday, July 4
- **Labor Day**  
Monday, Sept. 4
- **Thanksgiving Day**  
Thursday, Nov. 23
- **Day after Thanksgiving**  
Friday, Nov. 24
- **Christmas**  
Monday, Dec. 25

2023

## flexible spending plan (FSA)

For the plan year 1/1/2023 to 12/31/2023, the carryover of unused health FSA amounts will rise to \$610, up from \$500. FSA participants have 90 days after the plan year ends to submit claims for expenses incurred during that plan year.

For example, for the plan year 1/1/2023 to 12/31/2023, employees will be able to carry over \$610 to 2024. Employees will have until 3/31/2024 to submit receipts and be reimbursed for expenses incurred from 1/1/2023 to 12/31/2023.





## PREVENTATIVE screenings

**If you've read Hogan's newsletters, you know we're a big proponent of preventative screenings.**

There isn't an excuse to not get your preventative screenings done. Especially when many of them are covered 100 percent, the deductible is waived, and there aren't any co-pays. Awesome, right?

The benefits below apply to in-network facilities and doctors. A preventive screening is a health examination and associated testing that is designed to identify and avoid the development of future health problems.

- **Routine Adult Physical Exams/Immunizations**  
Covered 100%, deductible waived. 1 exam every 12 months up to age 65.
- **Routine Well Child Exams/Immunizations** –  
Covered 100%, deductible waived.
- **Routine Gynecological Care Exams** – Covered 100%, deductible waived. 1 exam and pap smear per calendar year, includes related fees.
- **Routine Mammograms** – Covered 100%, deductible waived. Recommended: 1 per year for covered females age 40 and over. No age or frequency limits on the plan.
- **Women's Health** – Covered 100%, deductible waived. Includes: Screening for gestational diabetes, HPV (Human – Papillomavirus), DNA testing, counseling for sexually transmitted infections, counseling and screening for

human immunodeficiency virus, screening and counseling for interpersonal and domestic violence, breastfeeding support, supplies and counseling. Contraceptive methods, sterilization procedures, patient education and counseling.

- **Routine Digital Rectal Exam** – Covered 100%, deductible waived. Recommended for covered males age 40 and over. No age or frequency limits on the plan.
- **Prostate-specific Antigen Test** – Covered 100%, deductible waived. Recommended for covered males age 40 and over. No age or frequency limits on the plan.
- **Colorectal Cancer Screening** – Covered 100%, deductible waived. Recommended for all adults age 45 and over. No age or frequency limits on the plan.
- **Additional Cancer Screens** – Double contrast barium enemas (DCBE), Fecal occult blood tests (FOBT), Lung cancer screenings, Sigmoidoscopies

**As many of you know, all participants in the wellness program must complete 30 health promotion activity points each quarter. If you get a preventative exam, you will get credit for the full 30 points!**

2023

# health assessments

The health assessments for 2023 have been scheduled! You will not need to fast; Orriant will adjust the test if you are not fasting. You can do the assessment at the following locations:

- **Monday, April 10, 2023 from 12–7 pm:** Orriant’s office – 9980 South 300 West, Suite 100, Sandy, UT 84070
- **Tuesday, April 11, 2023 from 2–7 pm:** Hogan’s office – 940 North 1250 West, Centerville, UT 84014
- **Wednesday, April 12, 2023 from 2–7 pm:** Hogan’s office – 940 North 1250 West, Centerville, UT 84014
- **Thursday, April 13, 2023 from 3–7pm:** Syracuse Community Center – 1979 West 1900 South, Syracuse, UT 84075
- **Friday, April 14, 2023 from 9 am–12 pm:** hh2’s office – 2 East Center Street, Suite 200, Kaysville, UT 84037
- **Monday, April 17, 2023 from 9 am–12 pm:** hh2’s office – 2 East Center Street, Suite 200, Kaysville, UT 84037

**Sign-ups will open on Tuesday, March 7, 2023.** To sign up for these locations, do the following:

1. Visit [www.orriant.com](http://www.orriant.com).
2. Add your username and password at the top of the page, then click “Login.”
3. In your Wellness Dashboard, click on “Assessment” to schedule your health assessment.

## INDEPENDENT HEALTH ASSESSMENTS

For those working out of town, or **if you can’t make one of the scheduled Orriant assessments**, you may either:

1. Visit a certified health professional and complete an “Independent Health Assessment Form.” **See pgs. 13–14.**
2. Use Labcorp, following the instructions on their form. **See pgs. 15–16.**

**If you select health professionals**, do the following:

1. Go to [www.aetna.com](http://www.aetna.com) to find a contracting Primary Care Physician (PCP).
2. Click “Login” on the top right, then click “Login” (again) or if you don’t have an account, “First-time users.”
3. Click “Find Care & Pricing” at the top, then add “Primary Care Physicians.”
4. At this point, you will be able to see all the PCP’s contracting with Aetna near the designated city at the top of the list. (Change the city if needed.)
5. Make an appointment with a PCP, take the attached “Independent Health Assessment” form with you, and have the doctor complete it. You should only be responsible for a \$15 co-pay. Pay

for the visit and give the receipt to Jared Morgan or Laurie Orchard to be reimbursed for the visit.

6. Send the completed form to Orriant:

### Orriant

9980 South 300 West, Suite 100  
Sandy, UT 84070

[info@orriant.com](mailto:info@orriant.com) | Fax: 801.574.2340

RECOMMENDED BIOMETRIC VALUES	IDEAL	NORMAL
<b>Tobacco:</b>	No Use	
<b>Total Cholesterol:</b>	<170	<200
<b>HDL:</b> (“good” cholesterol)	>60	Men: >40-60 Women: >50-60
<b>LDL:</b> (“bad” cholesterol)	<100	<130
<b>Triglycerides:</b>		<150
<b>Cholesterol Ratio:</b>	<3	<5
<b>Blood Glucose:</b>	<100	Pre-Diabetic: 100-125
<b>Systolic Blood Pressure:</b>	<120	
<b>Diastolic Blood Pressure:</b>	<80	
<b>Body Mass Index:</b>	Normal:	19-25
	Overweight:	25-29
	Obese:	>30
<b>Percent Body Fat:</b>	Men:	Women:
Ages 20-39	8-20%	21-32%
Ages 40-59	11-22%	23-32%
Ages 60-79	13-25%	24-32%

**Hogan has the above health standard.** If you don’t meet the standard, you will be assigned a coach.

To participate, please complete the three steps below.  
All steps must be completed by **APRIL 30, 2023** or you may become ineligible for the wellness discount.

### STEP 1 COMPLETE A HEALTH ASSESSMENT

Have a verifiable health professional complete page 2 of this form. All information is required to enroll for the wellness incentive. Keep page 1 for program info.

Assessment results must be dated between:  
**JANUARY 1, 2023 - APRIL 30, 2023**

Forms must be received by, and will not be accepted after:  
**APRIL 30, 2023**

Please mail or fax completed form (page 2 only) to:

- ✉ Orriant, 9980 S 300 W, Suite 100  
Sandy, UT 84070
- ✉ Email: info@orriant.com
- ✉ Fax: (385)317-4695

### STEP 2 CONTACT ORRIANT

Contact the Orriant Support Team at (888) 346-0990 to confirm your form was received.

*If you don't already have your login credentials to your personal Orriant account, the Orriant Support Team can provide them to you during this phone call.*

Username: \_\_\_\_\_

Password: \_\_\_\_\_

### STEP 3 MAINTAIN YOUR INCENTIVE



#### ORRIANT SNAPSHOT

1. Log in to MyOrriant.com and click SNAPSHOT within the drop-down menu.
2. Answer the approx. 40 questions. Summary page will signal completion.

**COMPLETE SNAPSHOT BY 4/30/2023**



#### HEALTHY HABITS ROAD MAP

Log in to MyOrriant.com, click Menu click Health Promotion to see activities.

- Q1: January 1 - March 31
- Q2: April 1 - June 30
- Q3: July 1 - September 30
- Q4: October 1 - December 31

Health Assessment and Snapshot fulfill all 30 points in the checked quarter.

**COMPLETE 30 POINTS FROM HABIT MOUNTAIN** in every quarter listed above. See options online!



VENTUREMENTOR



MYVENTURE

\_\_\_\_\_ is going along to help me on my road to health.

I have the tools! I am ready to go!

RECOMMENDED BIOMETRIC VALUES	IDEAL	NORMAL
<b>Tobacco:</b>	No Use	
<b>Total Cholesterol:</b>	<170	<200
<b>HDL:</b> ("good" cholesterol)	>60	Men: >40-60 Women: >50-60
<b>LDL:</b> ("bad" cholesterol)	<100	<130
<b>Triglycerides:</b>		<150
<b>Cholesterol Ratio:</b>	<3	<5
<b>Blood Glucose:</b>	<100	Pre-Diabetic: 100-125
<b>Systolic Blood Pressure:</b>	<120	
<b>Diastolic Blood Pressure:</b>	<80	
<b>Body Mass Index:</b>	Normal: 19-25 Overweight: 25-29 Obese: >30	
<b>Percent Body Fat:</b>	Men: 8-20% Ages 20-39: 8-20% Ages 40-59: 11-22% Ages 60-79: 13-25%	Women: 21-32% 23-32% 24-32%

Have questions?

WEBSITE  
MyOrriant.com  
EMAIL  
info@orriant.com  
PHONE  
888-346-0990  
FAX  
385-317-4695

ADDRESS  
Orriant  
9980 S 300 W, Ste. 100  
Sandy, UT 84070  
HOURS (MOUNTAIN TIME)  
Mon-Thu, 8 am - 6 pm  
Fri, 8 am - 5:30 pm







**PARTICIPANT INFORMATION**

*This section to be completed by the wellness participant/patient. Please print clearly.*

I am the  EMPLOYEE  SPOUSE OF EMPLOYEE (check one)

Your Name: \_\_\_\_\_

Spouse Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender: F M (circle one)

Phone: ( ) - \_\_\_\_\_

HOME WORK CELL (circle one)



**REMEMBER TO DRINK PLENTY OF WATER**

**Fasting is NOT required for your assessment**



**All assessment results must be dated between Jan. 1, 2023 - April 30, 2023**

RESULTS BEFORE OR AFTER THESE DATES WILL NOT BE ACCEPTED

**ASSESSMENT RESULTS**

*This section for health professional use only.*

Screen Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Tobacco Use: (circle one) Y N

Has patient used tobacco in any form, within the last 90 days?

Is patient pregnant? Y N

Is patient fasting? Y N

Total Cholesterol: \_\_\_\_\_ mg/dL

HDL: \_\_\_\_\_ mg/dL

LDL: \_\_\_\_\_ mg/dL

Triglycerides: \_\_\_\_\_ mg/dL

Cholesterol Ratio: \_\_\_\_\_

Blood Glucose: \_\_\_\_\_ mg/dL

Blood Pressure: \_\_\_\_/\_\_\_\_ mmHg

Height: \_\_\_\_\_ in.

Weight: \_\_\_\_\_ lbs.

Body Mass Index: \_\_\_\_\_

Body Fat %: \_\_\_\_\_ %

**HEALTH PROFESSIONAL INFORMATION**

*This section for health professional use only.*




Print Name: \_\_\_\_\_

Sign: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Facility Name: \_\_\_\_\_

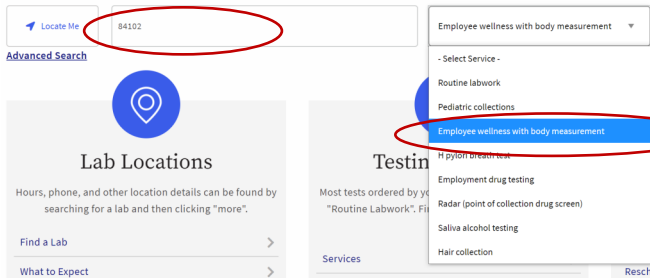
Facility City, State: \_\_\_\_\_ Phone: ( ) - \_\_\_\_\_

All information must be filled in before submitting to Orriant. Incomplete forms will not be accepted. Please mail or fax completed form to:

-  Orriant, 9980 S 300 W, Ste. 100, Sandy, UT 84070
-  Email: info@orriant.com
-  Fax: (385)317-4695

# LABCORP: Steps

- 1 Go to [www.LabCorp.com](http://www.LabCorp.com). On the main landing page, select "Labs & Appointments" then "Make an Appointment", enter your address or zip code and select "Employee Wellness with Body Measurement".



**IMPORTANT:** You must select lab type: "Employee Wellness"

- 2 Select your desired location and schedule online or call the location to schedule an appointment. For employee wellness screenings, it is **HIGHLY** recommended that you schedule an appointment. If you are scheduling online, follow the prompts to finalize your appointment.

- 3 For financial responsibility, please select the last option as Orriant will be billed for this service.

**I have already paid or someone else is responsible.**  
This includes uninsured COVID-19 Semi-Quantitative Antibody Testing, pre-paid services (e.g., Pixel by Labcorp™), drug screens, wellness visits, or services billed to my physician.

- 4 Fill out the attached LabCorp order form. **You do not need to fill in your insurance information as this test will be billed to Orriant.** Find the doctor that has your state listed and circle. (For example, if you live in Texas you would circle "SIMMONS, WALTER NEIL")

- 5 **Please take your LabCorp order form to your appointment.** All results will be sent directly to Orriant within 3-5 business days. Orriant will be reaching out to you to review your program requirements.

- 6 If you have not heard from Orriant within 7 days, please reach out to confirm that Orriant has received your results. Please also make sure that your contact information is up to date in your Orriant account.

**TESTS THAT WILL BE PERFORMED— Venipuncture for Lipid Panel; Height; Weight; BMI; Waist Circumference; Blood Pressure**



To find the nearest patient service center, visit [www.labcorp.com](http://www.labcorp.com) or call 888-LABCORP (888-522-2677).

Hogan Construction/Orriant  
LABCORP WELLNESS VERIFIED  
9980 South 300 West, Suite 100  
SANDY UT 84070  
(888) 346-0990

Send additional copy of report to:

Fax Client Number/Physician's Name \_\_\_\_\_ Phone/Fax Number \_\_\_\_\_

Call \_\_\_\_\_

Mail Physician's Address \_\_\_\_\_ City, State, Zip \_\_\_\_\_

0703.21

1A  
1B

1A  
1B

1C

1C

CHECK ONE:  
03  ACCOUNT BILL

\*\*\*ENTER ONLY THE ACCOUNT NUMBER CIRCLED\*\*\*

LABCORP ACCOUNT NUMBER: **43000195**

CIRCLE ONE:  
1205829355-CAHILL,  
JOHN DONALD (MA,  
NY, RI)

1760433098-HAYES,  
WILLIAM BRENDAN  
(ALL STATES)

1043506892-KROUSE,  
CATHERINE (ME)

Patient's Legal Name (Last, First, MI)		Sex	Date of Birth			Collection Time	Fasting	Collection Date			Urine hrs/vol				
NPI		Physician's ID #	Patient's ID #			AM <input type="checkbox"/> PM <input type="checkbox"/>	<input type="checkbox"/> Yes <input type="checkbox"/> No	MO	DAY	YR	hrs	vol			
Physician's Name (Last, First)		Physician/Authorized Signature		Hospital Patient Status:											
Physician's Name (Last, First)		Physician/Authorized Signature		<input type="checkbox"/> In-Patient <input type="checkbox"/> Out-Patient <input type="checkbox"/> Non-Patient											
Diagnosis/Signs/Symptoms in ICD-CM format in effect at Date of Service															
Highest Specificity REQUIRED															
PRIMARY BILLING PARTY						SECONDARY BILLING PARTY									
Insurance Carrier *						Insurance Carrier *									
ID #						ID #									
Group #						Group #									
Insurance Address						Insurance Address									
Name of Insured Person						Name of Insured Person									
Relationship to Patient						Relationship to Patient									
Employer Name						Employer Name									
*If Medicaid State						Physician's Provider #									
						Workers' Comp <input type="checkbox"/> Yes <input type="checkbox"/> No									
LABCORP USE ONLY															
STAT		VENIPUNCTURE		NON LABCORP		VERBAL ORDER		CHART ORDER		HANDWRITTEN		21 HRTLV		PST/PSC #	
998074		998085		998289		998290		998291		998292		998293			

PLEASE PRINT

PLEASE PRINT

ORIGINAL-LABORATORY / COPY-LABORATORY / COPY-CLIENT

377434 LP+Glu+Hb A1c

101300 Biometrics

NOTE: WHEN ORDERING TESTS FOR WHICH MEDICARE OR MEDICAID REIMBURSEMENT WILL BE SOUGHT, PHYSICIANS SHOULD ONLY ORDER TESTS THAT ARE MEDICALLY NECESSARY FOR THE DIAGNOSIS OR TREATMENT OF THE PATIENT. LISTED ABOVE ARE THE CUSTOMIZED PROFILES YOU HAVE SPECIFICALLY REQUESTED FROM LABCORP. THE INDIVIDUAL COMPONENTS HAVE BEEN DISCLOSED TO YOU AND THEY MAY ALSO BE ORDERED INDIVIDUALLY IN THE SPACE ABOVE. COMPONENTS AND BILLING CODES FOR NON CUSTOMIZED TEST PROFILES ARE LISTED ON REVERSE. COMPONENTS MAY BE BILLED SEPARATELY IN ACCORDANCE WITH CARRIER POLICIES.

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ITEM # 056509 FORM # 0703 (UNIVERSAL FREEDOM 07)

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(REV. 05/16/2016)



# PRESCRIPTION VOUCHER



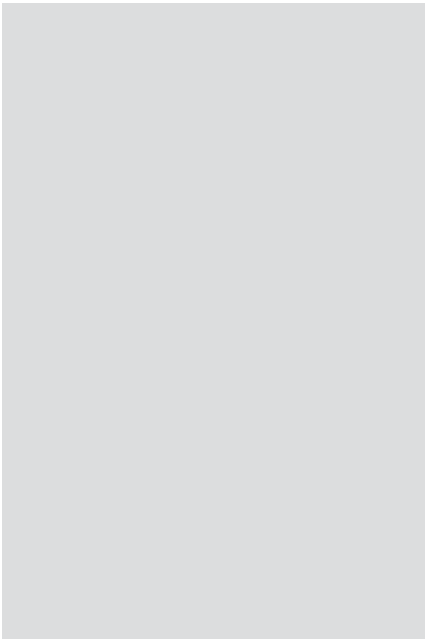
This voucher is good for a one-time-per-year reimbursement of up to \$50 for deductible amounts required in connection with your prescription drug benefits.

**QUALIFICATION:** To receive your reimbursement, you must be an employee of Hogan & Associates Construction or one of its subsidiary companies and enrolled in the Health Insurance Program offered by that company at the time you were required to pay amounts toward a prescription drug deductible.

**INSTRUCTIONS:** Verify your expenses by saving your receipts and submitting them together with this voucher to:

**BY MAIL:** Hogan & Associates Construction  
Human Resources Department  
940 North 1250 West  
Centerville, Utah 84014

**BY EMAIL:** [lorchard@hoganconstruction.com](mailto:lorchard@hoganconstruction.com)  
(Be certain to attach a scan or photo of your receipts.)



Please complete the following information to process your reimbursement:

EMPLOYEE NAME (PRINTED)

EMPLOYEE PHONE

EMPLOYEE MAILING ADDRESS (HOUSE NUMBER & STREET OR PO BOX)

CITY

STATE

ZIP



To the best of my knowledge, these expenses are not eligible for reimbursement from any other source.

EMPLOYEE SIGNATURE

DATE